



BWRT[®]

Core Identity Assessment

Core Identity Identification

Working in pairs, write a short statement about your perception of the core identity for the following situations:

- Alcoholism
- OCD
- Gambling
- Depression
- Anorexia
- Bulimia
- Binge eating and drinking
- Sexual obsession/addiction
- Fetishism (see list of fetishes at the end of these notes)
- Porn addiction
- Masturbation fixation
- Bullying (relationship or school)
- Substance abuse

On this sheet makes notes of views that are different from your own.

- Alcoholism
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